

## THREE RIVERS SKI CLUB

THE THREE RIVERS SKI CLUB was founded in the fall of 1923 at the initiative of Mr. Wallace Argall with a membership of around twenty-five. In those early years, our activities consisted chiefly of excursions to Shawinigan Falls, Grand'Mere, and other surrounding towns, and a weekly meeting at Cap aux Corneilles.

During the summer of 1925, some of our jumping members, Messrs. Iversen, Larsen and Dubord, constructed the first ski jump in Three Rivers at Cap aux Corneilles and also a small hut, and this added attraction resulted in a considerable increase in membership and the public much enjoyed their first sight of ski jumping.

The subsequent seasons were active ones; tournaments were held and some of the best ski jumpers in the East performed on our Hill.

Messrs. Gustav Sundt and Bertel Paaskee represented our club in those days at Lake Placid, Montreal, Ottawa, and other tournaments, and always finished in the first division.

In 1931, the Provincial Championships

were held in Three Rivers on our new jumping hill, Mr. Paaskee winning the Championship.

In 1930, our jump was destroyed by a very heavy storm, but it was immediately reconstructed and gives us one of the best jumping hills in Eastern Canada.

At the present time, the Club has a membership of approximately two hundred and twenty-five members and we are looking forward to a successful year this coming winter.

On our junior jump we are bringing along a number of youngsters who are developing well and later they will add their names to the several champions we have developed through our club.

The club has always been fortunate in having the hearty support of the people of Three Rivers who have helped and assisted in many ways, for which we are truly grateful.

The present executive of the club is as follows:—Fr. Fred House, President; Ls. Ph. Goulet, Vice-President; H. P. Britten, Secretary-Treasurer.

## LAURENTIAN CROSS-COUNTRY SKI CLUB

THE TERRAIN of the Laurentian Cross Country Ski Club, lying in the heart of the Laurentian Mountains between Ste. Marguerite's Station and Lac Masson, is pronounced by those who know as exceptionally ideal for ski-ing. It is the highest elevation of equal distance to Montreal, and is in a belt where the soft spells which frequently interrupt the ski-ing to the south seldom interfere with our continuous enjoyment of winter sports.

Moreover, the severe north winds that blow so bitterly over the long exposures to the north are cut off by the mountains immediately back of the Chalet. The ski-ing available at the very door of our headquarters is most varied in character.

There are practice slopes, an interesting ski jump, a speedway with a drop of 400 feet, to test the most expert skier; but the unique feature of the Laurentian Cross-Country Ski Club is its trails, penetrating the forest and climbing the hills and mountains for views unsurpassed anywhere. One may spend a fortnight and still have a new trail to follow with each succeeding day, so laid out that the average skier may enjoy them.

The air is particularly invigorating and on sunny days it has become popular to take lunches for all day trips. Mr. Cochand has kindly donated a cabin at the end of the

Richard Trail at Lake Elizabeth, and the Club is building a lean-to in the notch of Mount Margaret, near the junction of the Ommanney, Goddard, Lapres and Munson Trails. The Munson Trail is the new trail to Lake Craven and opens up a very lovely valley entirely enclosed by mountains, in a district which has hitherto been thought impenetrable.

Another lean-to is to be constructed near the far end of the Diefendorf Trail in the Garden of the Gods, a place of wonderful natural scenic beauty.

All the trails are being re-cut preparatory to next winter, and already our members and their friends are making plans for the coming winter vacations; for those who come once seem to gravitate back each season to the spots that they love and the sport that they enjoy beyond compare.

Our membership has grown steadily from year to year since the Club's organization in 1928 and now numbers over one hundred paid-up members.

The Laurentian Cross-Country Ski Club is particularly fortunate in having its headquarters at the "Chalet Cochand" which sets a superb table of great variety and of a quantity to satisfy the most ravenous appetite, which we all enjoy after a return from a vigorous ski trip. The rooms—steam-