

As you move off down the slopes slide the right ski forward until your foot is in line with the tip of the left ski. Your weight must be entirely on the front foot. It is also absolutely essential that your weight should be on the back foot. Then as you begin to gather speed press the right heel outwards, thus forcing the right ski slightly athwart the bows of the left. Very good. Now keep that position and you will begin to turn to the left. But do keep the tip of the left ski pressed firmly against the right instep. Do not let it slip behind your foot or it will cross the back of the right ski and you will find yourself running with parallel skis and crossed legs.

Well, there! You have done it. Now keep your head and don't try to lift your skis. Slide the left back again and see if you can wriggle it across the right to its normal position. Quick! before you get going too fast. Can't manage it? Wait a bit and let me think. No, don't try the sitzmark—not in this cross-legged position and at this speed. Those small bones in the ankle, you know. Go so easily, don't they?

Yes, you are going rather fast now. Sixty? Oh, no; not as fast as that. Not more than forty-five. No skier can do much more than that. You can always stop in the cemetery. Oh, no, not permanently, I hope. Quite unlikely, really, Hardly ever happens.

My! you nearly skewered that fellow. Narrow squeak, wasn't it? Yes, they're all staring after you. You are creating quite a sensation. Rather fun, isn't it? I always think—Eh? Oh, no, not sixty. Really not sixty. About fifty, I should say.

Sorry, can't hear you at this pace. The wind simply blew your words right away. You know you are getting terribly good at straight running. That distance and at this pace! If only you could master the turns—You must come up and try the telemark again tomorrow. That is if—if—

Oh, well, never mind. It's not very likely, anyhow. Here's the cemetery now. Good luck!

F.I.S. International Ski Races at Innsbruck February 22, 1936

THE controversy which has been raging between the European ski-ing organizations and the Olympic Committee over the question of the admission of ski-instructors to the Garmisch competitions has resulted finally in a decision to hold the international F.I.S. races at Innsbruck in the Austrian Tyrol immediately after the Olympic games proper.

Eleven nations, including Great Britain, Italy, Norway, Denmark, Switzerland and Sweden will send their entire ski-ing teams to Innsbruck for the F.I.S. races on the twenty-second of February.

The Olympic competitions end on the sixteenth of February. On the following day at Seefeld in Tyrol, an ice curling competition will take place. On the nineteenth there will be figure skating and hockey at Innsbruck, which boasts the second largest rink in Austria. Many famous skaters will compete and several foreign hockey teams are expected also. The high-spots of the Innsbruck events, however, will occur from the twenty-first through the twenty-fourth. On the twenty-first the F.I.S. official championship for downhill will take place. Slalom is slated for the following day, and the jumping events from the Berg-Isel follow on Sunday. The twenty-fourth will see the downhill from the Glungezer, the longest ski run in the world, boasting a distance of fifteen kilometres (about 10 miles) and a drop in altitude of some 7,300 feet. The F.I.S. events are expected by the international ski-ing authorities to be of much greater significance than the Winter Olympic ski-ing events, since the disbarment of instructors means the virtual elimination of Europe's fastest racers and highest jumpers as practically all Swiss and Austrian and most great Scandinavian skiers are also teachers.

