

C.A.S.A. Zones and Club Reports

Laurentian Zone

THE SEASON 1937-38 was an excellent one for the Laurentian Zone, as with an abundance of snow from early December till late in March, sufficient skiing was enjoyed by everyone and the Zone organization also grew to keep pace with the fast developing Laurentians.

The number of clubs grew from twenty-two at the start of the season to twenty-seven at the present time, with some ten others about to join. The work of the Zone was divided up more and more into sub-committees to look after the various branches of the sport.

A new interest is developing south of Montreal in the Eastern Townships, and a number of towns are forming ski clubs, clearing trails, etc.; most of which has been on their own initiative, although helped by various members of the committee. In fact the large number of new ski centres that are starting up is forming a problem for the Zone, for as soon as they get partially established they desire to hold a competition in order to attract outside skiers, and there simply are not enough weekends to go around.

Ski Instruction—The registering of qualified ski instructors was begun and six men were issued certificates. The teaching of new instructors was begun by the Duke of Leuchtenberg in St. Sauveur, but in other centres it was not found practical to hold schools. However, this summer, Mr. Bartlett Morgan, one of the committee, visited Switzerland and Austria, interviewing ski instructors and picking up notes on the organizing and running of ski schools, with the result that this winter the Swiss Ski Association has given us Heinz Von Allmen as technical advisor to the Laurentian Zone for the establishing of ski schools for instructors throughout the district.

First Aid Committee—Five stations in the Laurentians were equipped with men from the volunteer brigade of the St. John Ambulance Association. Transportation was provided by the railways every weekend during the season, and the local hotels gave these men free accommodation, to both of whom we are grateful. But there is still a lot more that could be done. The first first aid class was held last winter and some sixteen men passed their examinations. The Zone should not rest content, however, until every member of every ski club has taken first aid.

Ski Trail Committee—Ski touring, taking the train up the line and skiing down to a lower station or vice versa, is becoming more and more a favourite pastime of the ski enthusiast. With the help of the Laurentian Resorts Association the new Maple Leaf Trail, an 80-mile highway for skiers, was last year marked and cut. Running from Mont Tremblant to Shawbridge the trail passes through all the main villages or ski centres between these two, and passes over some of the best ski hills in the mountains. The marking of such a run meant a great deal of time and work and it is entirely due to Mr. H. S. Johannsen's untiring efforts.

Besides this main trail new ones have been cut by the individual clubs, as well as the clearing of new slalom hills and downhill runs.

Of interest is the fact that this year their will be some seventeen ski tows in the Laurentians, whereas last year there were only three.

Competitions and Rating Committee—Some three hundred competitors were rated and took out their amateur cards, including about thirty ladies. Successful competitions were run every weekend by different clubs, as well as a couple of informal races by the Zone for rating. While only one meet was run per weekend the time is coming when there will have to be more than one. This will be due to the number of competitors and the many new clubs that want to hold competitions, but mainly due to the fact that the individual skier

that wants to specialize in any one event or type of events can not do so because there are only three or four of his races in his class during the whole winter.

Cote des Neiges Ski Jump Association had the most successful year in its history. Open jumping meets were held every Saturday from January to March, and the ski-ing public began to get interested again, as there were always large crowds on hand to view the above. The first Dominion Junior Championship was held in March and was won by P. Drolet of Three Rivers Ski Club.

Finances—The Zone activities were financed by the sale of competitors' cards and by refund of club fees. Total receipts showed \$144.89 and total expenditures \$58.02 and the 1938-39 season is being started off with \$101.85 in the bank.

Officers and Committee Chairmen for the Season 1938-39:—*Chairman*, Victor Gagné, 3170 Maplewood Ave., Montreal; *Secretary-Treasurer*, Fred Lamoureux, 620 Cathcart St., Montreal; *Committees*—*Competition and Rating*, Jack Houghton, chairman; *Ski Trails*, H. S. Johannsen, chairman; *Ski Instruction*, Dr. W. L. Ball, Chairman; *Technical Adviser*, Heinz Von Allmen; *Publicity*, L. Baxter.

Bishop's College School Ski Club

WHILE there has been much enthusiasm for skiing at Bishop's College School for many years, it was only in the season 1937-38 that the Bishop's College School Ski Club, with well over a hundred members, was formed as a member club of the C.A.S.A. The Club was formed with two main objects, the first being that ski-ing should become recognized as one of the major school sports, and the second that Bishop's College School boys should be able to ski on Mont Tremblant or the Parsenn without damaging themselves, the innocent bystanders, or the scenery.

Owing to hockey practice in the afternoons, not all the older boys can turn out as regularly as the younger, but there is a powerful turnout of skiers in the Upper School, which put four members through the C.A.S.A. Third Class Test last winter, a number which, it is hoped, will be greatly increased next season.

The 8-13 year olds have their hockey practice in the morning, and so have several hours free for ski-ing every winter afternoon. On four afternoons a week there is a class on the practice hills, and each boy must attend at least one of these classes a week, and often more than one if he and his boards seem to have conflicting ideas, until he reaches the standard required by the C.A.S.A. Third Class Test. In these classes beginners struggle with stem turns and christies, while those who have mastered these turns practice telemarks, jump turns, etc., and try to speed up and perfect their technique on a short slalom course which is changed daily. On the afternoons when he is not required to attend a ski class a boy can run the hills in the vicinity of the school. On half-holidays and Sunday afternoons cross-country hikes with some new hill as the goal, and slalom and downhill competitions teach him to turn his turns into "control."

From the above it will be seen that any week of ski-ing at the school includes instruction and practice in the fundamentals of the sport, opportunity to put those fundamentals into full use, and a chance to compare one's prowess with that of others—an introduction to competitive ski-ing.

Both the Upper and the Preparatory Schools entered teams in the Eastern Townships Interscholastic Meet at North Hatley, obtaining second place in the Senior, and first, second and third places in the Junior Aggregate. Upper Canada College, Toronto, sent a team to